

DR. MUHAMMAD SAJID HUSSAIN



Senior Consultant Internal Medicine | Head of Department, Medicine

CONTACT

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- Skardu, GB

OBJECTIVE

To leverage my extensive medical expertise and leadership experience to improve healthcare quality, mentor professionals, and implement innovative practices in a reputable healthcare institution.

EDUCATION

- FCPS, INTERNAL MEDICINE**
Rawalpindi Medical College,
2012 – 2016
- MBBS**
Rawalpindi Medical College
2005 – 2009

PROFESSIONAL SKILLS

- ACLS & BLS
- ECG Interpretation, Ventilator Management
- Liver & Renal Biopsies
- Upper & Lower GI-Endoscopies & Biopsies
- Temporary Pace Maker
- Central Line Placement
- Lumbar Puncture
- Joint Aspiration
- Perma Cath Insertion for Hemo Dialysis
- Airway Management in Critical Care
- Skin Biopsy
- Muscle Biopsy
- Lumbar Puncture
- Paracentesis & Thoracentesis
- Critical Care & Emergency Response
- Strategic Healthcare Planning
- IPC Managements & Plannings

PROFESSIONAL EXPERIENCE

- HEAD OF DEPARTMENT, MEDICINE**
Regional Headquarter Hospital | 2016 – Present
 - Leading clinical operations and ensuring high-quality healthcare delivery.
 - Supervising multidisciplinary teams and implementing evidence-based practices.
 - Conducting medical education sessions and mentoring postgraduate trainees.
- RESIDENT INTERNAL MEDICINE**
PAEC General Hospital, Islamabad | 2013 – 2016
- RESIDENT INTERNAL MEDICINE**
Benazir Bhutto Hospital, Rawalpindi | 2012 – 2013
- MEDICAL OFFICER**
Pakistan Christian Ministries INC, Kasur | 2011-2012
- HOUSE JOB**
January 2010 – December 2010
 - General Medicine** | Benazir Bhutto Hospital, Rawalpindi (3 months)
 - Cardiology** | Benazir Bhutto Hospital, Rawalpindi (3 months)
 - General Surgery** | Holy Family Hospital, Rawalpindi (3 months)
 - Pediatric Anesthesia** | Children Hospital, Lahore (3 months)

AREA OF EXPERTISE

- Research Methodology & Biostatistics | April 2013
- Radiation Emergency Medicine | April 2013
- Advanced Cardiac Life Support (ACLS) | 2010

WORKSHOPS

- Supervisory Skills | May 2022
- Assessment of Competence | May 2022
- Educational Planning & Evaluation | March 2022
- Medical Writing, Islamabad | June 2021
- BLS | January 2014
- Research Methodology, Biostatistics & Dissertation Writing | April 2013
- Radiation Emergency Medicine Level – I | April 2013
- Communication Skills | April-May 2013
- ACLS & BLS | 2010
- Nutrition in Surgical Practices | May 2009
- Sixth International Workshop on Plastic and Reconstructive Surgery | May 2009

INTERNATIONAL WORKSHOPS

- EASL London, UK | 2022
- ICE Dubai | 2024
- CDC, KSA | 2023

LANGUAGES

- English
- Urdu
- Balti
- Seraiki
- Punjabi
- Sheena

ACHIEVEMENTS

HEAMODIALYSIS UNIT

Established the First Facility of Heamodialysis Unit at RHQ Skardu | 2016

HIGH DEPENDENCY UNIT

Established the First Facility of 6 Bedded HDU at RHQ Skardu | 2017

INTENSIVE CARE UNIT

Established the First Facility of 4 bedded ICU at RHQ Skardu | 2018

CARDIAC CARE UNIT

Established the First Facility of CCU at RHQ Skardu | 2018

COVID-19 SECREENING POINTS & HOSPITAL

Established the first COVID-19 screening points and COVID-19 hospitals in the Baltistan region and received an honorarium for my outstanding services during the COVID-19 pandemic. | 2019

INFECTION PREVENTION & CONTROL

Successfully established Infection Prevention and Control programs and protocols in hospitals, ensuring enhanced patient safety and minimizing the risk of infections | 2020

ESTABLISHMENT AND RECOGNITION OF MEDICINE FELLOWSHIP PROGRAM (FCPS)

Successfully established and gained recognition for the Medicine Department's fellowship program (FCPS) from College of Physican & Surgeons, Pakistan, contributing to the advancement of medical education and training.in RHQ Skardu | 2023

WELFARE HOSPITAL

Successfully established a welfare hospital in the extreme conditions of Baltistan's paralyzed regions, in collaboration with Imamia Medics International and AlBayan Foundation, providing essential healthcare services to underserved communities

FREE MEDICAL CAMPS & MEDICINES

Organized monthly free medical camps in the paralyzed regions of Baltistan, providing essential healthcare services and distributing free medicines to underserved communities