



Dr. Zulfiqar Ali

MBBS, MRCP, FRCPI, FRCPG, FPSIM, MRCSEd A&E, EMDM, PgD Diabetes
(Consultant Physician)

Curriculum Vitae

PERSONAL DETAILS

Name: ZULFIQAR ALI

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ACDEMIC QUALIFICATIONS:

- **MBBS** (1991), Allama Iqbal Medical College, Punjab University Lahore, Pakistan
- **MRCP** (2003), Royal College of Physicians of Ireland
- **MRCSEd A&E** (2005), Royal College of Surgeons of Edinburgh, UK
- **EMDM** (2007) European Masters in Disaster Medicine, University of Eastern Piedmont, Italy
- **MRCPS** (2014), Royal College of Physicians and Surgeons of Glasgow
- **FRCPI** (2017), Royal College of Physicians of Ireland
- **FRCP Glasg** (2024), Royal College of Physicians and Surgeons of Glasgow
- **FPSIM** (2024), Fellowship Pakistan Society of Internal Medicine
- **BDCU** (2017), BIDE Diabetic Care Update, Baqai Institute of Diabetes and Endocrinology Karachi
- **PgD in Diabetes** (2019), University of Plymouth, UK
- **Update on Diabetes**, International Certificate Course (2021), National Diabetes Chapter, PSIM

MEMBERSHIPS

- **PSIM** (2024) Pakistan Society of Internal Medicine
- **ADA** (2019), American Diabetic Association, USA.
- **MAACE** (2016), Member American Association of Clinical Endocrinologist, USA.
- **MACEP** (2015), Membership of American College of Emergency Physicians, USA.
- **Regional Faculty AHA** (American Heart Association), MENA Territory (2010 – 2016)
- **Regional Faculty PHTLS - NAEMT** (Prehospital Trauma Life Support – National Association of Emergency Medical Technicians), MENA Region (2010 – 2016)
- **Member, AREMT EMS Board** (Australian Registry Emergency Medical Technicians), MEA Africa EMS Board (2016)

- **Member** “Emirates Society of Research and Development (ESR&D) since 2016

MEDICAL REGISTRATION:

- **Consultant Physician**, VIP Clinic, Dubai Health Authority (DHA), Dubai (DHA 1162)
- **Professor of Medicine**, Sialkot Medical College Sialkot, Pakistan (PMDC Reg. No: 22709-P)
- **Consultant, Internal/Emergency medicine**: Ministry of Health, UAE (MOH Reg. No: R-45277)
- **Senior Specialist Physician**: Dubai Health Authority, Dubai UAE (DHA Reg. No: 110839)
- **Specialist Physician**: Pakistan Medical & Dental Council (PMDC Reg. No: 22709-P)

POSITION HELD:

POSITION	INSTITUTE	Duration
Consultant Physician	VIP Clinic, DHA	May 17, 2024 – Till date
Senior Sp. Registrar	Emergency Department, Rashid Hospital Dubai	01/08/2007 – 16/05/24
Specialist Registrar	Emergency Department, Dubai Hospital Dubai, UAE	17/05/2004–31/7/2007
General Practitioner	Emergency Dept. Mafraq Hospital, Abu Dhabi	05/12/1995 – 16/05/04
Medical Officer	Medical Unit, Allama Iqbal Memorial Teaching Hospital (AIMTH) Sialkot, Pakistan	19/03/93 – 04/12/95
Senior House Officer	Medical Unit, Allama Iqbal Memorial Teaching Hospital (AIMTH) Sialkot, Pakistan	18/07/92 – 17/1/93 18/01/93 – 18/3/93
House Officer	Surgical Unit 1, Services Hospital Lahore, Pakistan Medical Unit 2, Services Hospital Lahore, Pakistan	01/07/91 – 31/12/91 01/01/92 – 30/06/92

Current Job / Role Description

- Working as a “Consultant” VIP Clinic, Dubai Health authority. This role is unique and one of its kind and first ever in Dubai. I have to take care of treatment, coordination, and to facilitate the medical needs of Royal family of Dubai within UAE and outside whenever a need arises.
- Performing my clinical duties at Rashid Hospital Dubai, United Arab Emirates - a tertiary care hospital with more than 750 beds capacity.
 - Working as “third-on-call” covering my own 12-members medical team for inpatient care, having my own medical clinic to care outpatient needs. Additionally, I am involved in the management of medical emergencies during my on-call days.
 - Supporting my medical team for clinical training and work quality. Initiated multiple quality improvement projects with many hospitals across the country in line with the best medical practices.
 - Supervising clinical research, audit, presentations and continuous professional development of juniors and my team
 - Involved in JCI accreditation of my hospital
 - Regularly teaching undergraduates from Dubai Medical College, Dubai and Muhammad Bin Rashid Medical University
 - Training postgraduate residents as faculty of Dubai Residency Training Program.

- Organizing and teaching in multiple medical courses, workshops and seminars to cater the training needs and professional development of all healthcare professionals locally, nationally and internationally.

BOOKS AUTHOR

- **Pearls of Clinical Diabetes** (Publishers – Zubair Book Depot, Lahore), 2021
- **Pearls of Clinical ECG** (Publishers – Zubair Book Depot, Lahore), 2021
- **Tashkhees** - Urdu and English versions (Publishers – Zubair Book Depot, Lahore), 2022
- **Pearls of Emergency Pharmacology** (in process)

PUBLICATIONS/RESEARCH

- **Zulfiqar Ali**, Bindhu Misbahudeen¹, Mohammed Anas Mohtasham, K. T. Mohammed Fasil. Pre-test and Post-test Resuscitation Assessment among Healthcare Workers at Dubai Health Authority. *HMJ*, 12(4): 208-13, October-December 2019. DOI: 10.4103/HMJ.HMJ_34_19
- **Zulfiqar Ali**, Ahmad Sajjad, Ahmad Tauqeer, et al. Measuring Cross-Cultural Perception of Educational Environment among Postgraduates by Using Postgraduate Hospital Educational Environment Measure (PHEEM) Inventory. *Journal of Education, Society and Behavioural Science*. *JESBS*, 32(1): 1-19, 2019; Article no.JESBS.51457
- Ahmad Sajjad, G. Y. Naroo, Zafar Khan, **Zulfiqar Ali**, et al. Space Occupying Lesions (SOL) of the Brain – Clinical Manifestations with Subtle Neurological Symptoms in Emergency Department. *Journal of Advances in Medicine and Medical Research*. *JAMMR*, 26(3): 1-8, 2018; article no.JAMMR.38701
- **Zulfiqar Ali**, Zafar Iqbal Gondal, Anis Ahmed. Beneficial Effect of Empowering the Local Community in Disaster Management and Rehabilitation. *J F J M U VOL.11 No.4 OCT – DEC 2017*.
- Zafar Mahmood Khan, Bina Nasim, Tanvir Yadgir, Omer Al Skaf, Ahmed Sajjad, **Zulfiqar Ali**, G. Y. Naroo. Emergency Room High Index of Suspicion in Apparently Innocent Wounds Can Encounter Missed Tendon Injuries. *British Journal of Medicine and Medical Research*, ISSN: 2231-0614, Vol.: 8, Issue.: 11
- Bina Nasim, Ahmed Sajjad, Zafar Khan, **Zulfiqar Ali**. Prevalence of ACS and Causal Relation of Hypomagnesaemia. *British Journal of Medicine & Medical Research* 12(7): 1-5, 2016, Article no.BJMMR.19850 ISSN: 2231-0614, NLM ID: 101570965
- **Zulfiqar Ali**, Bina Naseem, Tanvir Ahmed. *Perception of Educational Environment among Medical Residents Enrolled in Dubai Residency Training Program (DRTP) by using DREEM inventory*. *British Journal of Education, Society & Behavioural Sciences (BJESBS)*. 9(3): 236-247, 2015, Article no.BJESBS.2015.142. ISSN: 2278-0998.
- Ghulam Naroo, **Zulfiqar Ali**, Mohammad H. Shaji. *Cardiac Marker Troponin in Dubai marathon runners*. Jan. 2014, Volume 9, No.2 (Serial no. 87), pp. *Journal of US-China Medical Science*, ISSN 1548-6648, USA.
- **Zulfiqar Ali**, Adnan Hussain Shahid, Shahid Mahmood, Sohail Tufail, Hammad Rana, Abdul Basit Saeed. Types and Outcome of Cardiac Tachyarrhythmias - a Single Cardiology Centre Experience *Pak J Med Health Sci* Jan - Mar 2013;7(1):7-11.
- **Zulfiqar Ali**, Muhammad Masood Khokhar, Sosan Shahid. *Frequency and outcome of arrhythmias*. *Journal of Rawalpindi Medical College (JRMCI)*; 2013;17(1):7-10

- **Zulfiqar Ali**, Moin Fikree. *Effectiveness of training new SOPs of hospital disaster plan*. EMJ 2008;26(2) 85-100. ISSN-0250-6882.
- **Zulfiqar Ali**, Shahid Mahmood, Nouman Maqbool. *Frequency of Ventricular Arrhythmias during First 24 hours of Acute Myocardial Infarction in patients thrombolysed with Streptokinase*. Medical Forum Monthly Vol. 22. July 7, 2011. ISSN1029-385X.
- Umar Ismail, Shahid Mahmood, **Zulfiqar Ali**, Muhammad Tamur. *Effect of nimodipine on headache associated with post traumatic subarachnoid haemorrhage*. Isra Medical Journal, May-August 2011;3(2) 56-59. ISSN-2073-6285.
- Tariq Saeed, Shahid Mahmood, **Zulfiqar Ali**. *Vasoactive drugs in surgical patients with shock*. Medical Forum Monthly Vol. 22(12). December 12, 2011. ISSN1029-385X.
- Shahid Mahmood, Nouman Maqbool, **Zulfiqar Ali**. *Role of stretching exercise on low back pain*. Journal of Fatima Jinnah Medical College, Vol 5(3) 48-51. July to September 2011. ISSN1998-1503.

TEACHING EXPERIENCE:

- Lecturer (Clinical Faculty), Dubai Medical College Dubai, UAE (2008 – till date)
- Professor of Medicine, Sialkot Medical College Sialkot, Pakistan
- Instructor Dubai Residency Training Program (DRTP) in Emergency Medicine DHA (2005 – till date)
- International Faculty American Heart Association (AHA).
- Instructor ACLS–EP, ACLS, PALS, BLS, PHTLS courses.
- Director & Instructor Advanced ECG Course, Emergency Pharmacology Course, Emergency Toxicology Course, Hajj Training Course for Healthcare Professionals, X-ray interpretation and many more.
- Member of “Disaster Training Program” Committee, DOHMS (2006/07)
- CME Coordinator Emergency Department, Dubai Hospital (2005/06)

AUDIT & REVIEWS

- American Heart Association Emergency Cardiovascular Care Program: Training Center-Course Monitoring Review and Administrative Review (Audit) at College of Physicians and Surgeons Pakistan (CPSP) Karachi, Pakistan (May 26-28, 2015).
- American Heart Association Emergency Cardiovascular Care Program: Training Center-Course Monitoring Review and Administrative Review (Audit) at Armed Forces Institute of Cardiology (AFIC) Rawalpindi, Pakistan (May 23-25, 2015).

ORAL TALKS/POSTERS

International Forum:

- TOX-10 Workshop (January 25, 2025), A Pre-conference event of 6th Annual International Conference PSIMS Karachi, 2025
- “ABGs Interpretation Workshop” at King Edwards Medical University, Lahore Pakistan as pre-conference workshop for 5th International conference of PSIM May 7, 2024.
- All world Muslim Educational Conference 2022. FAST – National University of Computer & Emerging Sciences, Chiniot Pakistan.
- ECG Reviews: Preparatory Course for Arab health, November 14-17, 2022. Dubai, UAE
- Lead faculty for Pearl of Clinical Diabetes Workshop, November 7-8, 2020. Khawaja Mohammad Safdar Medical College, Sialkot Pakistan
- Technology, Therapies & Transformation. The 5th World Academic Congress of emergency

medicine. October 22-24 2019. Dubai. UAE

- ACLS course, Dubai Health Authority August 16-17, 2022
- ACLS course, Dubai Health Authority June 4-5, 2022
- Hospital Disaster Management. 2nd Medicon International, Khawaja Mohammad Safdar Medical College Sialkot, Pakistan. March 28, 2015
- All that elevated is not Myocardial Infarction. 2nd Medicon International, Khawaja Mohammad Safdar Medical College Sialkot, Pakistan. March 28, 2015
- Dysrhythmias, Clinical Skills Training Centre, Tuen Mun Hospital, Hong Kong, 14 June 2011.
- Casualty Care Middle East 2010, 13 – 14 December 2010, Abu Dhabi.
- Disaster Management and Crisis Response Middle East 2010, Abu Dhabi UAE, May 24 – 25, 2010 (www.disasterandcrisisresponseme.com)
- Disaster Management & Crisis Response Middle East 2009, Abu Dhabi UAE, June 01 – 02, 2010
- Nursing & Emergency Medicine, Dubai, April 10, 2009
- International Conference on Trauma management, Critical Care and Prevention, 16 – 19 February 2009, University of Medicine & Health Science, Alain.
- International Emergency & Catastrophe Conference (IECM Dubai 2009), April 8 – 10, 2008
- International Emergency & Catastrophe Conference (IECM Dubai 2009), April 7 – 9, 2007
- Effectiveness of training new SOPs of a hospital disaster plan
- Mediterranean Emergency Medicine Congress IV (MEMC IV) Sorrento, Italy Sep. 15-19, 2007
- Emergency Congress, Arab Health September 4, 2007
- Hajj Training Course for Healthcare Professionals – A Model under Development,
- Emergency Congress, Arab Health September 2, 2007
- International Convention Center Dubai on April 22 – 24, 2007
- Resistant Ventricular Fibrillation – Sialkot Medical Complex, Pakistan 2006

Local Forum:

- ABCs of Diabetes at Fatima Jinnah Seminar Room, Pakistan association Dubai, Dec 8, 2024.
- ECG Workshop at Fatima Jinnah Seminar Room, Pakistan association Dubai, Sep 8, 2024.
- Pearl of ABGs Interpretation at Fatima Jinnah Seminar Room, Pakistan association Dubai, May 6, 2024.
- Basics of Clinical Toxicology, Eduscope International, Dubai Healthcare City, April 10, 2015.
- Speaker “Essentials of Emergency Pharmacology” department of medical education, Dubai Health Authority (Accreditation no. 0818/11/faculty), September 18 & 19, 2011.
- EDTC Disaster Plan – An overview, Rashid Hospital Dubai, February 17, 2010
- Bee Stings – Bee Ready, Pakistan Association Dubai, December 11, 2009
- Acute Cardiogenic Pulmonary Edema Update, September 26, 2007 SICU Lecture Hall, Rashid Hospital Emergency & Trauma Center.
- Disaster Drill Debriefing Session May 7, 2007 Seminar Room, Rashid Hospital Emergency & Trauma Center.
- ECG & Arrhythmia Interpretation, March 2007 at Dubai Hospital Short-Stay Ward
- Foggy Dubai & RTAs Debriefing Session February 25, 2007 Seminar Room, Rashid Hospital Emergency & Trauma Center.
- Preparation of Healthy Hajj – December 6, 2006 at Al Baraha Hospital, Dubai
- Hajj Pharmacology –An Interactive Workshop on Dec 6, 2006 at Al Baraha Hospital, Dubai
- RSI – A Must for Every ER Physician 2006, both Dubai and Rashid Hospitals.
- ABGs Interpretation – A basic Diagnostic Tool April 23, 2006 Dubai Hospital
- Shock – A basic understanding, 2005 Dubai Hospital

- X-Ray Interpretation – Resident training, Dubai Hospital

Posters Presentation

- Elevated Troponins do not correlate with ECG changes in Marathon runners, IECM Dubai 2008
- Hajj Training Course for Healthcare Professionals – A Model under Development, at Mediterranean Emergency Medicine Congress IV (MEMC IV) Sorrento, Italy September 15 – 19, 2007. Poster ID 357174
- A tale of Three Disasters – The Dubai Experience, at Mediterranean Emergency Medicine Congress IV (MEMC IV) Sorrento, Italy September 15 – 19, 2007. Poster ID 357173

MANAGEMENT/ADMINISTRATIVE/COMMITTEE EXPERIENCE:

- Chief Organizer, Fellowship PSIM 2024 Convocation, October 23, 2024 held at Pakistan Auditorium, PAD Dubai
- Vice Chairperson and Chief organizer 2nd PIMCON (Sep 15, 2024) held at Pakistan Auditorium, PAD Dubai
- Committee Member, IECM Dubai 2009 (International Emergency & Catastrophic Management Conference)
- Organizing Committee, IECM Dubai 2008 (International Emergency & Catastrophic Management Conference)
- Member of Interview Panel (recruitment committee), Licensing and specification, Dubai Health Authority 2008
- Member Organizing Committee, Dubai Marathon 2008
- General Secretary, International Emergency & Catastrophic Management Conference (IECM Dubai 2007) held at International Convention Center on April 22 – 24, 2007 with 600 plus participants.
- Coordinator IECM Dubai 2006 (International Emergency & Catastrophic Management Conference)
- CME Coordinator DOHMS, Emergency Departments (2005/06)
- General Secretary, Central Disaster & Rescue Committee, DOHMS (2006/07)
- General Secretary, Rashid Hospital Disaster & Rescue Committee (2006/07)

CONTRIBUTIONS

- Launched Pakistan Society of Internal Medicine PSIM-UAE Chapter May 08, 2024 held at Pakistan Auditorium, PAD Dubai
- Prepared an Advanced ECG, Emergency Pharmacology, and Emergency Toxicology courses, approved and recognized by MOH-UAE and DHA-Dubai.
- Dubai Vision 2015 – Department of Health and Medical Services All Hazards Disaster Plan (DOHMS AHDP) 2007
- “Categorization of Emergency Department” in UAE – an ED role delineation document 2007
- Dubai Port Health Authority – Health Regulations 2007
- Re-wrote and Revised Rashid Hospital Disaster & Rescue Plan, 2006/07
- Re-wrote and Revised Disaster Plan Dubai International Airport, 2007.
- Designed “Trauma Care System” for Sialkot Region, Pakistan focusing mainly on newly established Trauma Center at Allama Iqbal Memorial Hospital, 2006.
- Organized first ever ACLS provider course at Rouf Tower Hotel Sialkot, Pakistan November, 2006
- Conducted AHA approved official BLS and ACLS courses at Sialkot Medical Complex in 2008,

2009, and 2010.

- Member Hajj Training Course preparation committee, 2006
- Designed “Induction Course” for residents attending Emergency Department, Dubai Hospital in 2005.

APPRECIATIONS:

- DISTINGUISHED FACULTY, 2nd PIMCON 2024, PSIM International Medical Conference, Dubai September 15, 2024
- Pakistan Association Dubai in recognition of organizing ABG workshop on July 06, 2024.
- Atieh Hospital Tehran, Iran for promulgation PHTLS program August 30 – September 04, 2014.
- 19th Dubai Horse Racing World Cup, Meydan Dubai, March 29, 2014.
- Life Support Training Centre, Sialkot Pakistan for conducting BLS and ACLS courses, April 8-12, 2012.
- Nominated as “Distinguished Specialist Employee” 2009 from Rashid Hospital for Dubai Government Excellence Program
- Dubai Marathon Medical Conference 2009
- Prof. Francesco Della Corte, Director EMDM program, Italy 2008
- Dubai Marathon Medical Conference 2008
- JCI Accreditation & Rashid Hospital, from Director RH, 2008
- DOHMS Announcement Service, 2007
- Dubai Civil Aviation, November 2007
- Evening Post Newspaper, March 4, 2007 – Save a life at any cost
- CEO Global Village, 2006/07
- Dubai Horse Race World Cup, 2007
- DOHMS, on Annual Staff Appreciation Day, 2006
- Evening Post Newspaper, December 6, 2006 – What pilgrims should do?
- Emirates Medical Association (EMA), 2006/2007
- Scientific Session Chairperson, IECM Dubai, 2007
- Scientific Committee Member, IECM Dubai, 2006/2007/2008
- The Sialkot Chamber of Commerce and Industry, 2006
- Management & Staff of Dubai Hospital, 2005

HUMANTARIAN & RELIEF SERVICES

- **President**, Pakistan Society of Internal Medicine, PSIM-UAE Chapter (2024 – till date)
- **Executive Board Member**, PMC Academia Dubai – An academic discipline of Pakistan Association Dubai (PAD) 2024 – till date
- **Chairman**, Sialkot Medical Alumni. SMA is organized for educational and scientific purposes. It will also help to promote the academic environment in Sialkot.
- **General Secretary**, Medical Wing, Pakistan Association Dubai 2008 – 2010. An active forum of Pakistani healthcare professionals involved in community services by arranging clinics, symposiums and seminars. Additionally, CME congresses for doctors and nurses.
www.pakistanassociationdubai.com
- **EMDM-A** (European Master in Disaster Medicine Alumni), (www.dismedmaster.com)

REFERENCES

Dr. Moin Fikree, MD

American Board of Emergency Medicine
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Clinical Director Emergency & Trauma Center
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