

DR. TALAL SAFDAR

MBBS(NUST) MRCP(UK) FRCP(London) FRCP(Edin) FACP(USA)
FCPS (Medicine) CHPE(Pk) ICMT(UK) MACadMED(UK)
Assistant Professor of Medicine (Foundation University Islamabad)
Consultant Physician (Fauji Foundation Hospital Rawalpindi)
Email: talal.safdar@fui.edu.pk , Phone:(+92) 333 5598101



SUMMARY OF WORK EXPERIENCE:

Current Post:

Consultant Internal Medicine

(Fauji Foundation Hospital Rawalpindi) - (22nd October 2016 - to date)

Assistant Professor of Medicine

(Foundation University Medical College Islamabad) – (11 November 2022 - to date)

I am a full-time Consultant in Internal Medicine at Medical Unit-2, Fauji Foundation Hospital Rawalpindi—an 837-bed tertiary care teaching hospital affiliated with FUMC and CPSP—and have also served as Assistant Professor of Medicine at FUMC since November 2022. My practice is strongly oriented toward Geriatric Medicine, with extensive hands-on experience in managing frail older adults with multimorbidity, cognitive impairment, falls, functional decline, and polypharmacy. I routinely perform Comprehensive Geriatric Assessments and lead multidisciplinary care across inpatient and outpatient settings. My responsibilities include daily inpatient ward rounds, management of acute frailty syndromes, and running specialty clinics in Diabetes, Hepatology, and General Medicine. I coordinate complex discharge planning and rehabilitation pathways in collaboration with allied health teams. As a CPSP-recognized Educational Supervisor, I provide structured training for FCPS residents, deliver bedside teaching, supervise procedures, conduct workplace-based assessments and OSCEs, and teach undergraduate MBBS and DPT students. Alongside clinical and educational roles, I contribute to service development through journal clubs, mortality audits, MDT discussions, and the development of frailty and polypharmacy protocols, while also participating in the acute medical on-call rota managing unselected medical admissions, including high-risk elderly patients.

EDUCATIONAL EXPERIENCE

1. Matric	Federal Board of Intermediate and Secondary Education Army Public School, Westridge III, Rawalpindi – Pakistan.	1994 – 1996
2. FSc – I	Federal Board of Intermediate and Secondary Education PAF Intercollege, E-9, Islamabad – Pakistan.	1996 – 1997
3. FSc – II	Board of Intermediate and Secondary Education Government Science College, Multan – Pakistan.	1997 – 1998
4. MBBS	National University of Sciences & Technology Pakistan. Army Medical College, Rawalpindi - Pakistan	1999 – 2003
5. House Job	Combined Military Hospital (CMH-Peshawar) (Army Medical Corps – Pakistan)	2004 – 2005
6. FCPS (Medicine)	College of Physicians & Surgeons Pakistan (CPSP) Fauji Foundation Hospital Rawalpindi – Pakistan	2008 – 2012
7. MRCP(UK)	Federation of Royal College of Physicians (UK) London, United Kingdom	2016 – 2022
8. ICMT/CHPE	Shifa Tameer-e-Millat University (STMU) Chak Shahzad - Islamabad	2023 – 2024

REGISTRATION AND LICENSURE

1. Pakistan Medical & Dental Council.
2. General Medical Council, United Kingdom.

PMDC Registration No: 43775-P

GMC Registration No: 7545084

BOARD CERTIFICATIONS

1. MBBS	Army Medical College, Rawalpindi, Pakistan	11 th Dec 2004
2. MRCP (U.K)	Membership Royal College of Physicians, U.K	21 st Oct 2022
3. FCPS (Med)	Fellowship College of Physicians & Surgeon Pakistan	22 nd Oct 2016
4. BLS Provider	American Heart Association – (245604153478)	15 th Dec 2023
5. ACLS Provider	American Heart Association - (255622872437)	07 th Aug 2024
6. ICMT/CHPE	Certificate of Health Professions Education (Shifa Tameer-e-Millat University - Islamabad)	20 th Nov 2024

PROFESSIONAL FELLOWSHIPS / MEMBERSHIPS:

1. Fellow – American College of Physicians - FACP(USA)	ACP: 03304308 (July 2024)
2. Fellow - American College of Rheumatology - FACR(USA)	ACR: 012719 (Aug 2019)
3. Fellow - Royal College of Physicians (London) – FRCP(London)	RCP: 136146 (Aug 2025)
4. Fellow - Royal College of Physicians (Edinburgh) – FRCP(Edin)	RCP: 559225 (Sept 2023)
5. Fellow - Royal Society for Public Health – FRSPH(UK)	No: 127586 (31 May 2020)
6. Fellow - Royal Society of Tropical Medicine & Hygiene - FRSTMH(UK)	No: 0022143 (17 Apr 2022)
7. Member - Royal College of Physicians (Glasgow) – MRCP(Glasg)	RCP: 146724 (26 July 2023)
8. Member – Pakistan Society of Internal Medicine – MPSIM(Pak)	PSIM – 0713 (21 July 2023)
9. Member – Asia Pacific League for Associations of Rheumatology (APLAR)	2019-PK-0041 (08 May 2021)
10. Member – International Society of Hypertension (ISH)	ISH: 1118 (18 Jan 2024)
11. Member – Academy of Medical Educators – MACadMED(UK)	(08 July 2025)

POSTGRADUATE TRAINING RECORD - (FCPS Medicine) – Fauji Foundation Hospital Rawalpindi

No	Specialty	From	To	Duration	Clinical Supervisor (Name/Designation)
1.	General Medicine	25-07-08	30-07-09	12months	Dr. Aamir Shahzad (Professor of Medicine)
2.	Gastroenterology	01-08-09	30-09-09	02 months	Dr. Asghar.A.Durrani (Professor of Medicine)
3.	Cardiology	01-10-09	30-11-09	02 months	Dr. Aeysha Masood (Consultant Cardiologist)
4.	Pulmonology	01-12-09	30-01-10	02 months	Dr. M. Saeed Khan (Professor of Medicine)
5.	General Medicine	01-02-10	29-07-11	18 months	Dr. Aamir Shahzad (Professor of Medicine)
6.	General Medicine	30-07-11	31-01-12	06 months	Dr. Asghar .A. Durrani (Professor of Medicine)
7.	Dermatology	01-02-12	31-03-12	02 months	Dr. Farid-ur-Rehman (Professor of Dermatology)
8.	Neurology	01-04-12	31-05-12	02 months	Dr. Uzma Jamil (Consultant Neurologist)
9.	Intensive Care	01-06-12	31-07-12	02 months	Dr. Tassawar Hussain (Professor of Medicine)

FORMER WORK EXPERIENCE:**1. Registrar Internal Medicine:*****Fauji Foundation Hospital Rawalpindi - (July 2012 – October 2016)***

- I was working as a Registrar in Medical Unit 3 at Fauji Foundation Hospital Rawalpindi,
- Attended twice weekly General Medical outpatient clinics (OPD)
- Attended once weekly Specialty OPD with my consultant (Diabetes OPD & Liver Clinic)
- Daily post take ward rounds on new admissions.
- Performed and assisted various major and minor bedside medical procedures.
- Bedside ward teaching and training of undergraduate medical students.
- Part of the invigilation committee for workplace-based assessments, OSCE, exams for undergraduate students.
- Participated in journal clubs, case presentations, mortality meetings and seminars.
- Part of the on-call medical rota (1 in 3), covering A&E and the acute intake.

2. F.C.P.S Postgraduate Resident Medicine:***Fauji Foundation Hospital – Rawalpindi - (July 2008 – July 2012)***

- I completed my four years of Post graduate training in Internal Medicine from July 2008 till July 2012 at Fauji Foundation Hospital Rawalpindi, as per the curriculum and guidelines laid down by The College of Physicians and Surgeons Pakistan.
- During my training, I completed mandatory clinical rotations in allied specialties including Critical Care Medicine, Cardiology, Neurology, Gastroenterology, Pulmonology, and Dermatology.
- During my postgraduate training, I also completed and published my mandatory dissertation titled: Frequency of metabolic syndrome in patients presenting for the first time with acute ST elevated Myocardial Infarction (STEMI) and its impact on hospital outcomes.
- I also attended requisite workshops on Communication Skills, Introduction to Computer & Internet, Research Methodology, Biostatistics & Dissertation Writing, which were held in collaboration with W.H.O Collaborating Centre for Research & Training in Educational Development of Health Personnel at the College of Physicians and Surgeons Pakistan, Islamabad.
- Regularly attended and participated in local hospital based clinicopathological conferences, medical audits and seminars, mortality meetings, Multi-disciplinary team meetings, as a mandatory requirement for Continuing Medical Education (CME) and Continuing Professional Development (CPD).

3. Medical Officer:

Fauji Foundation Hospital – Rawalpindi - (March 2008 – July 2008)

- Worked as a chief medical officer in general medical outpatient clinics, with an average intake of 100 to 150 patients per day, mostly chronic follow up cases but some acute medical conditions that needed triage and further referral to the concerned specialty for admission and management.
- Regularly attended and participated in local hospital based clinicopathological conferences, medical audits and seminars, conducted on regular basis as a part of continuing medical education (CME) and Continuing Professional Development (CPD) for doctors.
- Involved in teaching and training of Nursing Staff and paramedics on preventive medicine and basic life support.
- Performed medical on-calls in the A&E once a week.

4. Staff Surgeon:

Garrison Health Centre, Chaklala - (October 2005 – February 2008)

- A primary health care setup, to cater for the basic healthcare needs for the officers and serving troops in the Chaklala Garrison.
- Attended daily outpatient clinics and referred complicated, seriously ill cases to tertiary care hospital.
- Performed basic bedside tests and surgical procedures in minor trauma centre.
- Delivered lectures to inculcate awareness amongst young officers and troops on public health issues, preventive medicine, physical fitness and good hygiene practises.

5. General Duty Medical Officer:

Combined Military Hospital – Peshawar - (June 2005 – October 2005)

- Attending emergency cases in the A&E.
- Active participation in Earthquake Relief Operations.
- Awareness talks/lecture to army troops on disease prevention, hygiene and physical fitness.
- Sanitation visits to various military establishments.
- Part of team organizing hospital seminars and conference.

6. House Officer:

Combined Military Hospital – Peshawar - (April 2004 – June 2005)

- House job in Medicine and Surgery plus allied specialties.
- Involved in admission/discharges plus management of indoor and outdoor cases.
- Assisted in major/minor medical and surgical procedures.
- Rotations in allied specialties including Pediatrics, Ophthalmology, E.N.T, Dermatology, Psychiatry, Clinical Hematology, Orthopedics.
- Participated in National Polio Eradication Campaign.

OVERSEAS WORK EXPERIENCE / National Health Service - NHS (U.K):

During my tenure in Fauji Foundation Hospital Rawalpindi, I proceeded to the United Kingdom on extra-ordinary study leave and gained vast clinical as well as working experience in Acute Medicine, Rheumatology and Geriatric Medicine, working in the N.H.S Trusts as mentioned in descending order below:

1. Senior Clinical Fellow - Geriatrics & Acute Frailty Unit

Barking, Havering & Redbridge University Hospitals (Queen's Hospital N.H.S Trust) (Mar 2022 – Nov 2022)

- Attend daily post take ward round
- Admission and care of general medical patients as part of the medical admitting team
- Provision of specialist opinion with consultant support
- Registrar support of Care of the Elderly ward based medical teams
- Participate in outpatient clinics
- Participation in teaching and training
- Attendance at weekly multidisciplinary meetings
- Regular audit, data collection and assessment of effectiveness of role
- Maintain overview of all patients
- Actively participating and facilitating discharge on the wards
- Support and supervise junior doctors on the ward
- Liaise with the ambulatory care nurses if necessary
- Contribute in the electronic and verbal handover of patients

2. **Specialty Doctor - Rheumatology**

The Princess Alexandra Hospital N.H.S Trust - (Sept 2017 – Nov2018)

- I worked as a full-time Specialty doctor in Rheumatology Department (10PA)
- I attended Outpatient Rheumatology clinics both on-site as well as off-site twice a week at Herts and Essex Community Hospital in Bishop Stortford and St. Margaret's Hospital in Epping Forest.
- After clinics, I attended the indoor rheumatology referrals with my consultant.
- I had once Weekly 'Biologics clinic' every Wednesday, where I would evaluate and work up rheumatology patients for biologic/biosimilar therapies.
- I would attend once weekly Zoledronic Acid Infusion, day care clinic, where osteoporotic patients were pre-evaluated and administered Zoledronic Acid infusion, and to observe for any untoward side effects and their prompt management.
- Attending weekly Grand Rounds, arranged by the Department of Medical Education for Continuing Medical Education (CME) and Continuing Professional Development (CPD).
- Presented a Clinical Audit on *Clinical presentations of Giant Cell Arteritis in Acute Ambulatory care and outcomes at The Princess Alexandra Hospital N.H.S trust.*
- Attend weekly Essex Rheumatology Association meetings held at Chelmsford-U.K.
- Participation in departmental management meetings.

3. **International Training Fellow - Acute Medicine**

Norfolk & Norwich University Hospitals N.H.S Foundation Trust - (July 2016 – Feb 2017)

- I worked as a full time International Training Fellow (equivalent to ST-4 level) in the AMU with On-call rota.
- Was actively involved in admission and discharge of patients.
- Conducted post take ward rounds with my SHO and FY doctors, under consultant cover.
- Also did Acute Ambulatory Care clinics and Same Day Emergency Care clinics, once or twice a week.
- Participation in journal clubs, case presentations, grand rounds.
- Actively participated in MRCP PACES teaching sessions, held on site regularly twice a week.
- Duties include clerking of all ward admissions and discharging of all ward patients
- Keep up to date in advances in current knowledge and practice
- Work with and implement service policies, guidelines and protocols
- Participate in Trust training programmes to improve the quality of service provision
- Work within and demonstrate an understanding of the Clinical Governance agenda
- Conduct or participate in regular audits projects
- Undertake other duties as may be considered reasonable and appropriate
- Attend and participate in staff and group meetings as required

FORMER MILITARY SERVICE:

1. Commissioned in Army Medical Corps (A.M.C) Pakistan Army, at the rank of Captain on 11 Apr 2004.
2. Posted to Combined Military Hospital (CMH), Peshawar as G.D.M.O, for completion of 1-year House Job.
3. Posted to 141 Medical Battalion Rawalpindi as Staff Surgeon in Garrison Health Centre Chaklala.
4. Annual Confidential Reports (ACR): Received two 'Out-Standing (OS)' and two 'Well Above Average (WAA)' ACRs from my Commanding Officers, during the four year tenure of service.

MEDICAL EDUCATION:

Academic & Teaching Appointments

- Assistant Professor of Medicine, Foundation University Medical College (FUMC), Islamabad — Dec 2022 to Present.
- Registered Teaching Faculty with the Pakistan Medical & Dental Council (PM&DC).

Educational Supervision & Training Roles

- CPSP-certified Educational Supervisor for FCPS (Internal Medicine); supervising a cohort of eight trainees.
- Provide structured supervision, workplace-based assessments, educational reviews, and competency-based training.

Examination & Assessment Responsibilities

- Contributor to national FCPS MCQ banks (Part-I, IMM, and Part-II) for the College of Physicians & Surgeons Pakistan.
- Member, Undergraduate MCQ/SEQ Writing Committee, contributing to assessments for MBBS and DPT programmes.
- Examiner and member of the Organising Committee, MBBS Final Professional Examinations.
- Regular involvement in OSCE and Viva Voce design, delivery, and evaluation.
- Participate in internal assessments, mock exams, and structured evaluation of postgraduate FCPS trainees.

Undergraduate & Postgraduate Teaching

- Deliver scheduled lectures, tutorials, bedside clinical teaching, and skills training for 3rd-year and Final-Year MBBS students.
- Conduct weekly ward-based teaching in clinical methods, history taking, and physical examination.

- Teach General Medicine modules to DPT 7th-semester students.
- Provide A&E / Emergency Medicine teaching for trainees and allied health professionals.

Clinical Skills & Life Support Training

- Member of the BLS Training Faculty, conducting regular sessions for junior doctors and paramedical staff.

Mentorship & Career Development

- Actively engaged in mentoring medical students, house officers, and postgraduate trainees, providing academic and career guidance.

Professional Development

- Completed Certificate in Health Professions Education (CHPE) as well as International Certificate in Medical Teaching (ICMT), to advance educational competencies.

BIBLIOGRAPHY: Research Articles/Publications (in peer reviewed journals):

1. **Undiagnosed Diabetes Mellitus in Acute Coronary Syndrome (ACS) Patients** Talal Safdar, Syed Meerab Javed, Chander Parkash, Niaz Ahmed, Muhammad Mohsin Sial, Sajjad ul Hasan *Journal of Population Therapeutics and Clinical Pharmacology*, 32(08), 1107 – 1113.
DOI: <https://doi.org/10.53555/sr7y1f43>
2. **Efficacy of Gabapentin versus Pregabalin in patients of painful diabetic neuropathy** Dr. Muhammad Usman¹, Dr. Hassan Salim², **Dr. Talal Safdar**³, Dr Sahar Farzand⁴, Dr. Hareem Butt⁵, Dr. Alvina Aziz⁶ *South Eastern European Journal of Public Health*, 296–306.
DOI: <https://doi.org/10.70135/seejph.vi.6184>
3. **To assess the impact of vitamin D supplementation on proteinuria in individuals with type 2 diabetes mellitus, considering the average alteration in the urinary albumin to creatinine ratio (UACR)** Kalsoom Ali Shah, Muhammad Junaid, Usman Saeed, Talal Safdar, Bisma Fatima Aslam, Sauda Usmani. *Journal of Population Therapeutics and Clinical Pharmacology*, 32(1), 461-466.
DOI: <https://doi.org/10.53555/9452xv71>
4. **Comparison of Low-dose pregabalin vs Duloxetine in managing peripheral neuropathy pain in type 2 diabetes.** Dr Rabail Irfan, **Dr Talal Safdar**, Dr Muhammad Naseer Ud Din, Dr Ali Nasir, Dr Asma Ambreen, Dr Shahnaz Fatima . *Journal of Population Therapeutics and Clinical Pharmacology*, 31(8), 2783-2790.
DOI: <https://doi.org/10.53555/8vegnp10>
5. **Co-existence of Helicobacter pylori in gastric and gallbladder mucosa in cholecystitis patients: a cross-sectional study.** **Dr Talal Safdar**, Dr Sana Afzal, Dr Shabbir Ahmed, Dr Moazama Shakeel Ahmed, Dr Atiq Ahmad, Dr Abira Khan. *Journal of Population Therapeutics and Clinical Pharmacology*, 31(8), 2721-2729.
DOI: <https://doi.org/10.53555/gfr4jp39>
6. **Relationship between Inflammatory Bowel Disease and Cholelithiasis.** Dr Shah Nawaz Khatt¹, Dr Talal Safdar², Dr Saad Inayat Ullah³, Dr Asim Shehzad⁴, Dr Fareeha Naseer Syed⁵, Farah Ali⁶ (*Journal of Population Therapeutics and Clinical Pharmacology*, 31(6), 3337-3347.)
DOI: <https://doi.org/10.53555/zm2ak371>
7. **Investigating the relationship between Lipid profiles and potential risk reduction of atherosclerotic cardiovascular disease in diabetic individuals.** Dr. Sidra Shah, Dr Muhammad Sannan¹, **Dr Talal Safdar**², Dr Adeela Kosar Bajwa³, Dr Arshad Ali⁴, Dr Mahboob Ur Rehman⁵. (*Journal of Population Therapeutics and Clinical Pharmacology*, 31(3):527-32.
DOI: <https://doi.org/10.53555/jptcp.v31i3.4955>
8. **Effect of Vitamin D supplementation on kidney function in adults with prediabetes** Talal Safdar¹, Shahzad Khan Siddique², Hassan Javed³, Moazama Shakeel Ahmed⁴, Fnu Kirshma⁵, Sidra Kausar⁶ (*Journal of Population Therapeutics and Clinical Pharmacology*, 31(3), 338–343.)
DOI: <https://doi.org/10.53555/jptcp.v31i3.4850>
9. **Drug-coated balloons for the treatment of stent edge restenosis** JAN MW¹, IKRAMULLAH S^{*2}, MAGSI M³, HADEE A⁴, KHAN N⁵, **SAFDAR T**⁶
(*Biol. Clin. Sci. Res. J.*, Volume, 2023: 468 . eISSN: 2708-2261; p,ISSN: 2958-4728)
DOI: <https://doi.org/10.54112/bcsrj.v2023i1.468>
10. **A case series study on skin manifestations in diabetic patients** Hailat, R., Samin, K. A., Sagheer, A., Jabbar, A., Junaid, S., **Safdar, T.**
(*International Journal of Health Sciences*, 6(S8), 6987–6994.)
DOI: <https://doi.org/10.53730/ijhs.v6nS8.14100>

11. **Assess Restricted Pulmonary Function in Chronic Hepatitis C Patients at Various Phases** FAISAL RAHMAN¹, ZAINAB RIZWAN², HUMA HAMEED³, SOHAIL HUSSAIN⁴, MUHAMMAD SAQIB HABIB⁵, **TALAL SAFDAR⁶** (*Pakistan Journal of Medical and Health Sciences Vol. 16, No. 11, Nov 2022*)
DOI: <https://doi.org/10.53350/pjmhs20221611792>
12. **Efficacy of initiating Sodium Glucose Co Transporter – 2 Inhibitor (SGLT - 2i) for treatment of Type – 2 Diabetes Mellitus.** Nasir Mahmood¹, Muhammad Qasim², **Talal Safdar³**, Shazia Yousaf⁴, Muhammad Iqbal Qasim⁵, Amjad Ali⁶ (*Pakistan Journal of Medical and Health Sciences Vol. 16, No. 01, Jan 2022*)
DOI: <https://doi.org/10.53350/pjmhs22161951>
13. **Comparison of Outcomes between Vaccinated versus Non-vaccinated Covid-19 Patients** **Talal Safdar¹**, Faiza Shafqat², Abida Mateen Ansari³, Amjad Ali⁴, Muhammad Bilal⁵, Muhammad Imran⁶ (*Pakistan Journal of Medical and Health Sciences, Sept 2021*)
DOI: <https://doi.org/10.53350/pjmhs211592572>
14. **Comparison of Adverse Outcomes in Cirrhotic and Non-Cirrhotic Patients with Covid-19 Disease.** JAHANGIR ANJUM¹, **TALAL SAFDAR²**, MUHAMMAD IMRAN³, MUHAZZAM FUAAD⁴, WAHEED IQBAL⁵, TARIK ALAM SOLANGI⁶ (*Pakistan Journal of Medical and Health Sciences Vol. 15, NO. 7, JULY 2021*)
DOI: <https://doi.org/10.53350/pjmhs211572289>
15. **Determine the Impact of Prone Positioning in Covid-19 Patients** MUHAMMAD IMRAN¹, KHALIFA RAHAT RASHED², AMJAD ALI³, JAHANGIR ANJUM⁴, MUHAZZAM FUAAD⁵, **TALAL SAFDAR⁶** (*Pakistan Journal of Medical and Health Sciences Vol. 15, NO. 7, JUL 2021*)
DOI: <https://doi.org/10.53350/pjmhs211571864>
16. **Determine the Prevalence of cagA and Baba of Helicobacter Pylori Isolated from Gastric Atrophic Patients** MUHAMMAD NAZIR¹, **TALAL SAFDAR²**, MUSHTAQ AHMAD³, MUHAMMAD IKRAM⁴, NISAR KHAN SAJID⁵, MUHAZZAM FUAAD⁶ (*Pakistan Journal of Medical and Health Sciences Vol. 15, NO. 6, JUN 2021*)
DOI: <https://doi.org/10.53350/pjmhs211561620>
17. **Determine the Frequency of Portal Vein Thrombosis in Patients with Liver Cirrhosis .** **TALAL SAFDAR¹**, MUHAMMAD NAZIR², SHAHID IQBAL³, MUHAMMAD IKRAM⁴, NISAR KHAN SAJID⁵, MUHAZZAM FUAAD⁶ (*Pakistan Journal of Medical and Health Sciences Vol. 15, NO. 6, JUN 2021*)
DOI: <https://doi.org/10.53350/pjmhs211561617>
18. **Frequency of Metabolic Syndrome and associated mortality in newly diagnosed acute ischemic cardiac patient.** JAHANZEB MAQSOOD¹, ADNAN GHAFOR², **TALAL SAFDAR³** (*Isra Medical Journal, Volume 9 – Issue 1, Jan-Feb 2017*)

Conferences & Workshops:

1. Apr 03 Workshop on Advance Trauma Life Support and Advance Cardiac Life Support (ATLS/ACLS). Army Medical College, Rawalpindi.
2. Mar 05 21st International Congress of Pakistan Society of Gastroenterology and G.I Endoscopy. Pearl Continental Hotel, Peshawar.
3. Feb 06 International Diabetes Conference “Decade of Diabetes Care: In low resource and underserved communities”, Baqai Medical University, Karachi.
4. Feb 06 3rd International Conference on Cardiac Electrophysiology. “Rhythm for Life 2006”, Armed Forces Institute of Cardiology, Rawalpindi.
5. Nov 08 Workshop on “Communication Skills” in collaboration with W.H.O Collaborating Centre for Research & Training in Educational Development of Health Personnel. College of Physicians and Surgeons Pakistan, Islamabad.
6. Mar 09 Workshop on “Introduction to Computer & Internet” in collaboration with W.H.O Collaborating Centre for Research & Training in Educational Development of Health Personnel. College of Physicians and Surgeons Pakistan, Regional Centre Islamabad.
7. Jun 09 Workshop on “Research Methodology, Biostatistics & Dissertation Writing” in collaboration with W.H.O Collaborating Centre for Research & Training in Educational Development of Health Personnel. College of Physicians and Surgeons Pakistan, Islamabad.

8. Mar 10 “Cardiac First Response (CFR) Practitioner Course” in collaboration with Institute of Learning Emergency Medicine (ILEM), Disaster Relief by Irish & Pakistanis (DRIP) Ireland and Pre-Hospital Emergency Care Council (PHECC) Ireland. College of Physicians and Surgeons Pakistan, Islamabad.
9. Mar 11 27th International Annual Congress 2011, Pakistan Society of Gastroenterology & G.I Endoscopy. Foundation University Medical College, Islamabad
10. May 11 Workshop on Communication Skills. Designated as a facilitator for conducting the workshop. Foundation University Medical College, Islamabad
11. Jun 16 MTI Induction Program Norfolk & Norwich University Hospital, NHS Foundation Trust, U.K
12. Jul 16 MTI Induction Program Royal College of Physicians, London, U.K
13. Jul 16 Clinical Procedural Skills Course, James Paget University Hospital, NHS Trust, U.K
14. Dec 17 Discussions in Rheumatology, London, U.K.
15. Dec 17 The Future of Rheumatology, London, U.K.
16. Nov 17 Royal College of Physicians/ CMS Regional Meeting: Acute & GIM, Cambridge, U.K.
17. Jan 18 Essex Rheumatology Association: (E.R.A) Regional Meeting., Chelmsford, U.K.
18. Apr 18 Essex Rheumatology Association: (E.R.A) Regional Meeting, Chelmsford, U.K.
19. Jun 21 Education Planning and Evaluation, CPSP, Islamabad
20. Nov 21 Annual Pakistan Endocrine Society (PES) Conference, Serena Hotel, Islamabad
21. Oct 22 Research Methodology, Biostatistics & Medical Writing, CPSP, Islamabad
22. Mar 23 Supervisory Skills, CPSP Regional Centre Islamabad.
23. Mar 23 Assessment of Competence, CPSP Regional Centre Islamabad.
24. Dec 23 BLS Provider Course (ACC/AHA), CPSP Regional Centre Islamabad

REFEREES:

1. **Maj Gen (R) Dr. Tassawar Hussain HI(M)**
MBBS, FCPS (Med), MRCP (UK), FRCP (London)
Professor and Head of Department of Medicine
Fauji Foundation Hospital Rawalpindi
drtassawar@gmail.com
2. **Brig (R) Dr. Jamal Ahmad**
MBBS, FCPS (Med), FCPS (Pulmonology), FRCP (Edin)
Professor and Head of Pulmonology Department.
Fauji Foundation Hospital Rawalpindi
Jamal593@gmail.com
3. **Dr. Ghulam Murtaza Gondal**
BSc, MBBS, MCPS (Med), FCPS (Med) FRCP (London)
Professor of Medicine
Fauji Foundation Hospital Rawalpindi
drgmgondal@gmail.com

END