

Dr. Ali Shakeel

FCPS (Medicine), MRCP (UK), MHPE

Assistant Professor of Medicine | Consultant Physician (Internal Medicine)

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Nationality: Pakistani | Marital Status: Married | Date of Birth: 01-Feb-1988

PROFESSIONAL PROFILE

Internist with Level III qualifications (FCPS Medicine; MRCP UK) and formal training in health professions education (MHPE).

Currently serving as Assistant Professor of Medicine at Gujranwala Medical College, with prior consultant practice in secondary care at THQ Hospital Wazirabad.



EDUCATION AND QUALIFICATIONS

- **Master's in Health Professionals Education (MHPE)** — National University of Medical Sciences (NUMS), Pakistan (2025).
- **MRCP (UK)** — Royal College of Physicians, London (2021).
- **FCPS (Medicine)** — College of Physicians & Surgeons Pakistan (2017).
- **MBBS** — Sheikh Zayed Medical College, Rahim Yar Khan, Pakistan (2010).
- **HSSC** — Punjab College, Gujranwala, Pakistan (2005).
- **SSC** — Latif Cadet High School, Wazirabad, Pakistan (2003).

ACADEMIC HONORS AND DISTINCTIONS

- Behavioral Sciences — MBBS 2nd Professional Annual Examination, University of Health Sciences (UHS), Lahore (2008).
- General Pathology — 2nd position in class, MBBS 2nd Professional Annual Examination, UHS Lahore (2008).
- Biochemistry — MBBS 1st Professional Part II Annual Examination, UHS Lahore (2007).
- Physiology — MBBS 1st Professional Part II Annual Examination, UHS Lahore (2007).
- Anatomy — 1st position in class, MBBS 1st Professional Part II Annual Examination, UHS Lahore (2007).
- Overall — 2nd position in class, MBBS 1st Professional Part II Annual Examination, UHS Lahore (2007).

PROFESSIONAL EXPERIENCE

Oct 2024 - Present | Assistant Professor of Medicine — Gujranwala Medical College (GMC), Gujranwala

- In-charge, Department of Medicine, GMC Teaching Hospital.
- Teaching and training of undergraduate and postgraduate learners; facilitation of workshops and academic activities.
- Academic and governance roles including Academic Council membership and Institutional Review Board responsibilities.

May 2018 - Sep 2024 | Consultant Physician (Internal Medicine) — THQ Hospital, Wazirabad

- Head, Department of Medicine (2018-2024); In-charge Dialysis Unit (2018-2023).
- Established first public-sector dialysis unit in Wazirabad (2018) with NGO and government collaboration.
- Deputy Medical Superintendent (26-Oct-2021 to 05-Dec-2022).
- Focal person for COVID-19 management/contact tracing (2020-2022); telemedicine coordination during the pandemic.
- Focal person/coordinator for dengue management (2018-2024).
- Member Disability Assessment Board, District Wazirabad (2020-2024).
- Member of Pharmacy and therapeutic committee, THQ Hospital Wazirabad (2018-2024).
- Member of Infection Control and Waste Management Team, THQ Hospital Wazirabad (2018-2024).

Jun 2017 - May 2018 | Medical Officer — Govt. Mian Meer Hospital, Lahore

- Provided acute and general medicine services in a public-sector setting.
- Established NCD Clinic.
- Focal Person for Health Week 2017

Jan 2013 - Jan 2017 | Postgraduate Resident, Medical Unit 3 — Services Hospital, Lahore

- Residency training leading to FCPS (Medicine), with exposure to acute medicine, ward and outpatient services.

May 2011 - May 2012 | House Officer (Medicine/Neurology/Surgery) — Mayo Hospital & Lahore General Hospital

- Rotations in Medicine, Neurology and Surgery.

LEADERSHIP, ADMINISTRATION AND PROFESSIONAL SERVICE

- In-charge Department of Medicine, GMC Teaching Hospital, Gujranwala.
- Member, Academic Council, Gujranwala Medical College.
- Associate Editor, Journal of Gujranwala Medical College (JGMC).
- Secretary, Institutional Review Board (IRB), Gujranwala Medical College.
- Member, Medical Education MOU Committee, GMC.
- Member, Pharmacy & Therapeutics Committee, GMC Teaching Hospital.
- Member, Emergency Cell, GMC Teaching Hospital.
- Member, Mortality Review Committee, GMCTH.
- Member, Continuous Quality Improvement (CQI) Committee, GMCTH.
- Member Infection prevention and control committee, GMCTH.
- UHS-approved Instructor for ICC/ALSC Course; completed ICC/ALSC Instructor Course Workshop (UHS).
- Departmental Focal Person for Research Cell, Gujranwala Medical College.

TEACHING, TRAINING AND CAPACITY BUILDING

- Undergraduate and postgraduate teaching in Internal Medicine as Assistant Professor (GMC) and as Head of Department (THQ Wazirabad).
- Hosted Online Webinar: Navigating Challenges, Seizing Opportunities—Strategic Planning for Quality Medical Education, March 20, 2024, National University of Medical Sciences.
- Hosted Online Webinar: Next-Gen Health Care Professionals—Preparing for the Future with AI and Telemedicine Technologies, April 17, 2024, National University of Medical Sciences.
- Facilitator: Professional Development & Self-Reflection workshop for postgraduate residents (06-May-2024, GMC).
- Facilitator: Communication Skills workshop for doctors (13-May-2024, GMC).
- Member, Scientific, Poster, Audio-visual, Photography and Stall Registration Committees, GEMCON 2025, Gujranwala Medical College.
- Co-chaired Session (Medicine & Allied), 5th GEMCON 2025: RISE—Future Healthcare Through Research, AI, Sustainability and Education, May 24, 2025.
- Facilitator: Development of Study Guides (Clinical Sciences Perspective) workshop (14-Jun-2025, GMC).
- Organized and moderated Educational Grand Round of Internal Medicine in collaboration with PSIM and Department of Medicine GMC (02-Sep-2025).
- Member, Organizing Team: 2nd PSOVA (Pakistan Society of Vascular Anomalies) Seminar, September 27, 2025, Gujranwala Medical College
- Co-chaired Session (Medicine & Allied), 12th Biennial Medical Conference PMACON 2025: Sharing Knowledge and Skills for Innovative Patient Care, October 24–25, 2025, GINUM, Gujranwala.
- Master Trainer: Training of primary and secondary healthcare doctors (District Gujranwala) for Non-Communicable Diseases.

- Arranged, delivered and moderated multiple talks and awareness seminars for community and healthcare professionals including consultants, general practitioners, nurses and allied health professionals on diabetes, hypertension, chronic liver diseases and gastrointestinal disorders.

PROFESSIONAL COURSES AND CERTIFICATIONS

- An Evidence-Based Approach to Diabetes and Endocrine Management (BIDE; Apr-Jul 2020).
- Online Hypertension Course (Pakistan Society of Internal Medicine; 23-May-2021 to 05-Sep-2021).
- Six-Month Certification Course in Diabetes (BMJ & Aga Khan University; endorsed by RCP London; Jul-Dec 2021).
- ASCVD Prevention Course (Pakistan Society of Internal Medicine; 2021).
- Let's Pledge to Defeat Diabetes (PSIM/PAFP/UHS; 14-May-2022 to 28-Oct-2022).
- Certificate Course in Clinical Research (University of Faisalabad; Apr-Jun 2022).
- Online Course on TB Management (Shaheed Zulfiqar Ali Bhutto University, Islamabad; Dec 2022).
- Postgraduate Course in Palliative Care Medicine (NUMS & Shaheen Palliative Care Project; Dec 2022-Jun 2023).
- Postgraduate Course in Advanced Diabetes (Harvard Medical School; Mar 2023).
- CPD course on Management of Hepatitis C Infection (Royal College of Physicians, UK).
- CPD course on Hypertension and Diabetes - The Twin Diseases (Royal College of Physicians, UK).
- First Internal Medicine Online Certificate Course (Aga Khan University & Pakistan Society of Internal Medicine; 2022-2023).

TRAININGS, WORKSHOPS AND CONFERENCES

- Paper Presentation at 2nd National Undergraduate Medical Research Fair, April 29–30, 2008, Peshawar Medical College.
- Participation in 1st South Asian Conference of Physiological Societies & 11th Biennial Conference of Pakistan Physiological Society, November 10–12, 2008, Shifa College of Medicine, Islamabad, Pakistan.
- Workshop on Problem Based Learning, March 25–26, 2010, Sheikh Zayed Medical College, Rahim Yar Khan.
- 19th National Neurology Conference, March 31 & April 1, 2012, Pakistan Society of Neurology.
- Research Methodology Workshop, January 7–8, 2013, KEMU.
- PIC Heart Talk and EP CON, October 24–26, 2013.
- Hands-On Workshop on Tube Thoracotomy and Chest Drainage System, VATS & Closed Pleural Biopsy Technique, March 12, 2014, Society of Surgeons Pakistan.
- Basic Life Support Course, June 6, 2014, CPSP Lahore, Pakistan.
- Workshop on Communication Skills, July 7–9, 2014, CPSP Lahore.
- Workshop on Research Methodology, Biostatistics & Dissertation Writing, October 22–25, 2014, CPSP Lahore.
- Single Day Intensive Review Course on Hepatocellular Carcinoma, November 18, 2014, Services Hospital, Lahore.

- Continuing Medical Education Seminar, May 20, 2015, Services Institute of Medical Sciences, Lahore.
- Management of Upper GI Bleed: A Multidisciplinary Approach, June 4, 2016.
- Postgraduate Course for Gastroenterology Residents, October 3–4, 2016.
- Workshop on Clinical Management of Dengue Fever, 2016, KEMU.
- Laboratory Diagnosis of COVID-19: Current Issues and Challenges, August 27, 2020, Aga Khan University, Karachi.
- Training on Mental Health Package, January 15, 2022, District Health Development Centre, Gujranwala.
- CARE (Comprehensive Assessment and Robust Education) for Diabetes, March 27, 2022, Sanofi.
- Point-of-Care Use of Ultrasound (USG) at ICU, July 17, 2022, Kaul Skills Lab, Lahore.
- ROPE (Reach Out Program of Education), August 21, 2022, Pakistan Society of Internal Medicine.
- 22nd Annual Congress of Pakistan Society of Hepatology, September 23–25, 2022.
- UMEED (Updates in Medical Education and Excellence in Diabetes) Programme, October 1–2, 2022, Novo Nordisk, Pakistan.
- Train the Trainer Programme, March 18–19, 2023, Novo Nordisk & PINT (Partners in Training), UK.
- Hybrid Workshop on Communication Skills, June 3, 2023, National University of Management Sciences.
- SHAPE: Medical Education Meeting on Obesity Management for HCPs (in collaboration with Aga Khan University Hospital, Karachi), November 25–26, 2023.
- How to Write a Systematic Literature Review, January 17, 2024, National University of Medical Sciences.
- Cardiac First Response / Basic Life Support Course, February 28–29, 2024, UHS, THQ Hospital Wazirabad.
- 4th GEMCON, Annual Conference of Gujranwala Medical College.
- Cardiac First Response / Basic Life Support Course, January 20–21, 2025, University of Health Sciences, Lahore.
- Train the Trainer Workshop: Early Diagnosis of Childhood Cancer and Timely Referral, January 25, 2025, Gujranwala Medical College.
- INSPIRE Innovative Leaders Summit for Incretin Therapies: Shaping the Future of Incretin Therapies—Where Innovation Meets Leadership, Uniting Experts, Inspiring Change, April 26–27, 2025, Karachi.
- ICC/ALSC Instructor Course Workshop, September 22–23, 2025, UHS.
- 2nd PSOVA (Pakistan Society of Vascular Anomalies) Seminar, September 27, 2025, Gujranwala Medical College.
- Understanding the Policies of Change: Mapping Stakeholders for Effective Leadership, 9th ICHPE, October 7, 2025, Organized by University College of Medicine & Dentistry, The University of Lahore.
- APDW 2025, Singapore: A-PSDE-WEO CRC SC Session—Emerging Issues and Challenges in CRC Screening, November 19, 2025.
- APDW 2025, Singapore: A-PSDE-WEO Outreach Session—Endoscopy Training in Underserved Regions: Making a Difference, November 19, 2025.
- APDW 2025, Singapore: APAGE Green and Sustainability Symposium, November 19, 2025.
- APDW 2025, Singapore: WEO Research Symposium, November 19, 2025.

PROFESSIONAL MEMBERSHIPS

- Lifetime Member, Pakistan Society of Internal Medicine (PSIM).
- Member American College of Physicians (ACP).

PUBLICATIONS

- Anwer A, Shakeel A, Ikram MH, Zaman SM. **Jervell & Lange Nielsen syndrome; prevalence (long QT interval syndrome) in deaf children of Rahim Yar Khan and its significance in relation to cousin marriages.** Professional Med J. 2011;18(4):638-643.
- Shakeel A, Nadeem MA, Farhan S, Afzal MN. **Effect of self-monitoring of blood glucose on glycemic control of patients with type 2 diabetes.** Esculapio. 2018;14(4):278-281.
- Shakeel A. **A rare association of Kartagener's syndrome with disseminated discoid lupus erythematosus.** Pol Arch Intern Med. 2022;132(Special Issue 1):16376. doi:10.20452/pamw.16376.
- Mir KP, Zain A, Shakeel A, et al. **Age of Social Loneliness: Depression and Suicidal Ideation among Undergraduate Medical Students.** Pakistan J Med & Health Sci. 2024;18(01):610. doi:10.53350/pjmhs02024181610.
- Zain A, Iqbal T, Hameed A, et al. **Are we Training Future Physicians with Critical Thinking? A Cross-sectional Study Measuring Disposition Towards Critical Thinking among Medical Students.** Pakistan J Med & Health Sci. 2024;18(01):613. doi:10.53350/pjmhs02024181613.
- Batool M, Javed Q, Shakeel A, et al. **Clinical Effectiveness of Sacubitril/Valsartan in Heart Failure Patients with Coexisting Chronic Kidney Disease.** Cureus. 2025;17(7): e87219. doi:10.7759/cureus.87219.
- Alam S, Qureshi S, Shakeel A, et al. **Inappropriate Use of Proton Pump Inhibitors for Stress Ulcer Prophylaxis in a Tertiary Care Hospital: A Cross-Sectional Study.** Cureus. 2025;17(4): e83010. doi:10.7759/cureus.83010.

LANGUAGE AND DIGITAL SKILLS

- Languages: English, Urdu, Punjabi.
- Digital/analytics: Microsoft Word, Excel, PowerPoint; SPSS; MAXQDA.